

The background of the slide features abstract, swirling patterns in shades of blue, yellow, orange, and red, creating a dynamic and artistic feel.

**Consider the following areas where false expectations may be present in your life:**

- **expectations you wrongly believed were from God**
- **expectations from parents and family**
- **expectations from teachers**
- **expectations from churches and church leaders**
- **expectations from employers**
- **other false expectations**

## Prayer

*“I renounce the lie that I have to live up to the expectation of: \_\_\_\_\_ in order to feel good enough, valued or accepted. Thank You, Lord Jesus, that in You I meet all of God’s expectations and that nothing I could do could make You love me more or love me less. Amen.”*