

**WELCOME TO**



**newlifecrawley.church**

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**21 Day**

**DANIEL FAST**

*Fasting for the Fathers Reward - Matt*

## Mat 6:6 Jesus promises us a reward in prayer:

*“But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you”*

## Jesus further promises a reward in fasting:

*"But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you."*

(Matt 6:17-18)

Jesus is not teaching on whether we should fast or not. He is assuming we will fast and teaching us how to do it and especially how NOT to do it.

WHAT DOES IT MEAN TO  
FAST FOR THE FATHERS REWARD?



# WHAT DOES IT MEAN TO FAST FOR THE FATHERS REWARD?

*1. FASTING FOR THE FATHERS  
REWARD MEANS  
UNDERSTANDING HUMAN  
NATURE.*

THERE IS A CLEAR WARNING -  
**NOT** TO BE LIKE THE HYPOCRITES.

THEIR REWARD?  
*TO BE ADMIRER FOR THEIR DISCIPLINE,  
ZEAL OR DEVOTION TO GOD.*

# ATURE SO OFTEN FOCUSES ON OUR ACCOMPLISHMENTS, ABILITIES AND PRIDE RESULTS:

- Gen 3 - Adam & Eve in the garden.
- Gen 11:4 - The Tower of Babel.
- 2 Kings 5 - Naaman the Leper
- Isa 29:13 - People of Israel (Matt 15:7-9)
- Matt 6:1,5,16 - The Pharisees: *"to be seen by others"*



# FASTING GIVES US AN OPPORTUNITY TO HUMBLE OURSELVES BEFORE GOD :

- **Ezra 8:21** “Then I proclaimed a fast there... that we might humble ourselves before our God, to seek from him a safe journey for ourselves, our children, and all our goods.”
- **Psalm 35:13**
- **1 Peter 5:6**

If someone finds out you are fasting, you haven't sinned. The value of your fast is not destroyed if someone notices that you have skipped lunch!

- *BEING SEEN FASTING* and *FASTING TO BE SEEN* are not the same.
- Being seen fasting is a mere external event.
- Fasting TO BE SEEN is a self-exalting motive of the heart.

# WHAT DOES IT MEAN TO FAST FOR THE FATHERS REWARD?

*1. FASTING FOR THE FATHERS REWARD  
MEANS UNDERSTANDING HUMAN NATURE.*

*2. FASTING FOR THE FATHERS  
REWARD MEANS  
UNDERSTANDING GODS  
REWARDING NATURE*

# GOD IS A GOD OF REWARDS:

- Isa 30:18 *"longs to be compassionate"*
- Heb 11:6 *"rewards those who seek Him"*

Sometimes we see those rewards in this life, sometimes we may need an eternal perspective:

- David - Psalm 73 the wicked seem to prosper and righteous struggle.....
- BUT then David sees the eternal perspective: Psalm 73:16-17

# 5 CROWNS FOR REWARDS IN BIBLE

1. *The imperishable crown:* 1 Cor. 9:24,25.
2. *The crown of rejoicing:* 1 Thess. 2:19, 20. & Dan 12:3
3. *The crown of life:* James 1:12, Rev 2:8-11
4. *The crown of righteousness:* 2 Tim. 4:8.
5. *The crown of glory:* 1 Pet. 5:1-4.



# CONCLUSION:

- Let our fasting begin with a heart of devotion -

*SUNDAY NIGHT WORSHIP & WAITING 6.30PM*

- French Philosopher Michel de Montaigne:

*“The great and glorious masterpiece of man is to live with purpose”*

Mans chief end is to glorify God and enjoy Him forever

- Even the crowns we receive cast before Him who is worthy.

Rev. 4:10-11

# the prayer course

**An eight week journey  
through the Lord's Prayer**

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